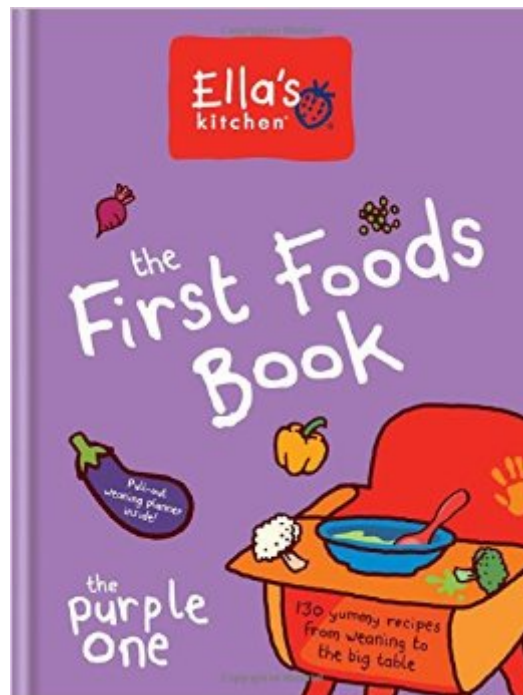


The book was found

# Ella's Kitchen: The First Foods Book: The Purple One



## Synopsis

From the fastest growing baby and toddler food brand, the essential guide to introducing new foods to your baby - the fun, stress-free, Ella's Kitchen way. Covering every step of your child's discovery of new foods, from six months to a year, The First Foods Book includes more than 130 recipes - from single-veg purees to exciting combinations and full meals. Every one has been rigorously tested to ensure it meets with Ella's Kitchen nutritional standards. There is also lots of practical advice to give every parent confidence at this key stage of their baby's development. Thanks to top tips and insider advice from nutritionists, baby experts and real mums, dads and carers, introducing solids becomes as much of an adventure for parents as it is for the little one whose taste exploration has only just begun. Weekly meal planners show you just what to expect, and there is a pull-out chart included in the book that you can stick on your fridge or wall. The third in the hugely successful Ella's Kitchen Cook Book series, The First Foods Book brims with recipes guaranteed to set tiny taste buds alight. With every recipe specifically developed for its nutritional content, as well as for its yummy flavor, and with the Ella's Kitchen stamp of approval on every page, this is set to become every parent's must-have guide.

## Book Information

Series: Ella's Kitchen

Hardcover: 192 pages

Publisher: Hamlyn (May 5, 2015)

Language: English

ISBN-10: 0600630501

ISBN-13: 978-0600630500

Product Dimensions: 8 x 1 x 10.8 inches

Shipping Weight: 1.8 pounds (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars [See all reviews](#) (3 customer reviews)

Best Sellers Rank: #340,279 in Books (See Top 100 in Books) #43 in [Books > Parenting & Relationships > Babysitting, Day Care & Child Care](#) #70 in [Books > Cookbooks, Food & Wine > Special Diet > Baby Food](#)

## Customer Reviews

Super cute first time foods book with a little pop out chart to record your little one's favorite foods! Ella knows what she's doing! She actually gets that your baby won't eat disgusting tasting food.

Love this book and use it often. High recommend end for someone who likes to cook.

I use this every day! Great recipes!

[Download to continue reading...](#)

Ella's Kitchen: The First Foods Book: The Purple One Whole Food: The 30 Day Whole Food Challenge - Whole Foods Diet - Whole Foods Cookbook - Whole Foods Recipes (Whole Foods - Clean Eating) Cooking for One: 365 Recipes For One, Quick and Easy Recipes (Healthy Cooking for One, Easy Cooking for One, One Pot, One Pan) The GMO Takeover: How to Avoid Monsanto and These Harmful Foods (GMO, Genetically Modified Foods) (Avoiding Toxic GMO Foods and Monsanto to Stay Healthy Book 1) Whole: The 30 Day Whole Foods Challenge: Complete Cookbook of 90-AWARD WINNING Recipes Guaranteed to Lose Weight (Whole, Whole Foods, Whole Food Diet, Whole Foods Cookbook) Whole Food: The 30 Day Whole Food Challenge - Whole Foods Diet - Whole Foods Cookbook - Whole Foods Recipes Foods High in Fiber Cookbook: List of High Fiber Foods for a Healthy Lifestyle - Recipes for High Fiber Foods GMO Free Diet: The Ultimate Guide on Avoiding GMO Foods and keeping Your Family Healthy with a GMO Free Diet (GMO, Non GMO Diet, Non GMO Foods, Genetically Engineered Foods, Monsanto) Ella and the Beast (More Than Human Book 1) How to Boil an Egg: Poach One, Scramble One, Fry One, Bake One, Steam One Best Wok Recipes from Mama Li's Kitchen: Healthy, Quick and Easy One Pot Meals for Busy Families (Mama Li's Kitchen Book 1) El DÃ- a Ocupado de la Perrita (Ella the Doggy) (Spanish Edition) La chica del tren (EdiciÃ n mexicana): TÃº no la conoces, ella a ti, sÃ- (Spanish Edition) SÃ© el papÃ; que ella necesita que seas: La huella indeleble que un padre deja en la vida de su hija (Spanish Edition) Ella es mÃ- a (Spanish Edition) The Purple Butterfly: Diary of a thyroid cancer patient Purple #6 Purple #5 Purple Sexe #7 When Night Her Purple Veil (Faber Edition)

[Dmca](#)